



## MARYLAND Department of Health

### **Public Health Preparedness and Situational Awareness Report: #2020:12**

Reporting for the week ending 03/21/20 (MMWR Week #12)

**March 27th, 2020**

#### **CURRENT HOMELAND SECURITY THREAT LEVELS**

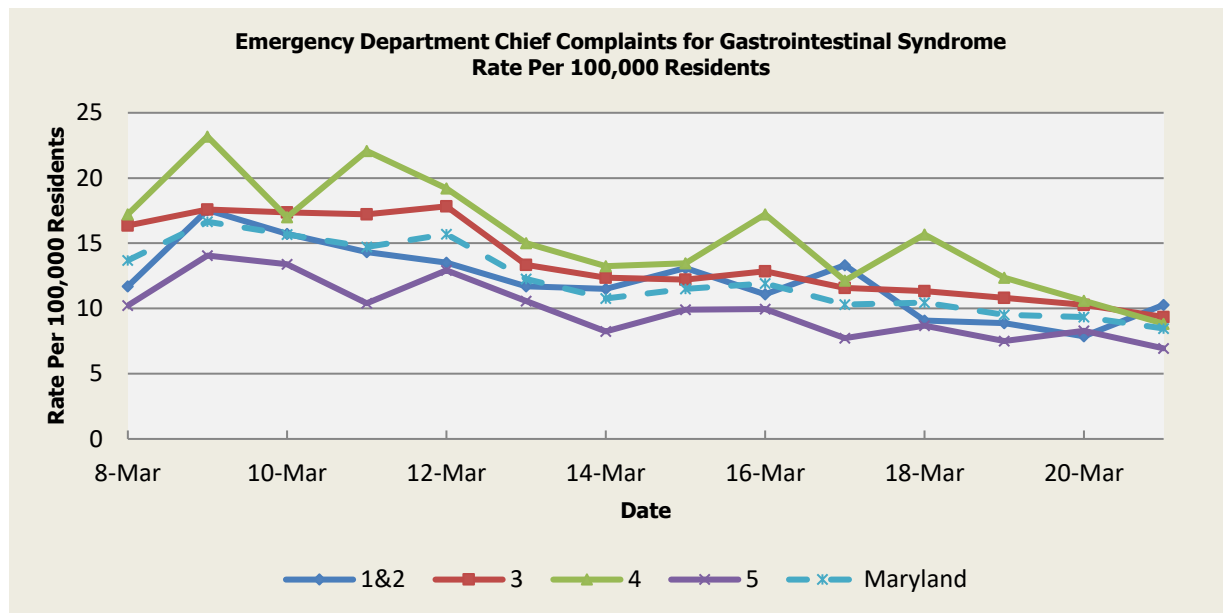
**National:** No Active Alerts  
**Maryland:** **FULL** (MEMA status)

### **SYNDROMIC SURVEILLANCE REPORTS**

**ESSENCE (Electronic Surveillance System for the Early Notification of Community-based Epidemics):** Graphical representation is provided for all syndromes (excluding the “Other” category; see Appendix 1) by Health and Medical Regions (See Appendix 2). Emergency department chief complaint data is presented as rates per 100,000 residents using data from the 2010 census. Electronic Surveillance System for the Early Notification of Community-Based Epidemics (ESSENCE). Baltimore, MD: Maryland Department of Health; 2019.

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## Gastrointestinal Syndrome



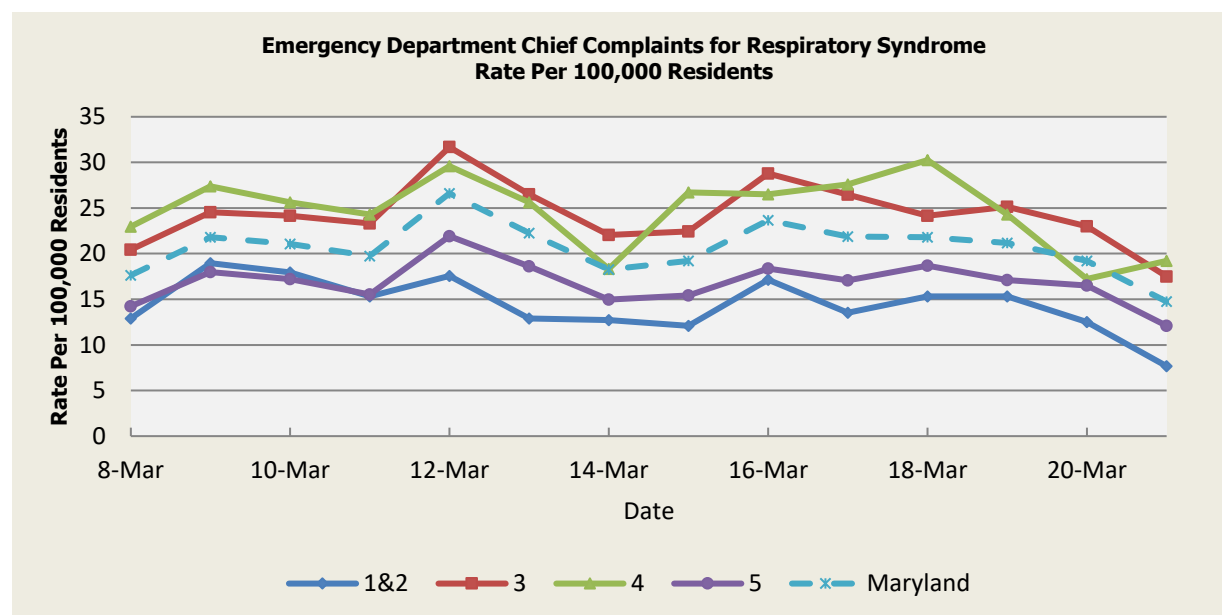
There were four (4) Gastrointestinal Syndrome outbreaks reported this week: two (2) outbreak of Gastroenteritis in a Nursing Home (Regions 3,5), one (1) outbreak of Gastroenteritis in a Substance Abuse Treatment Center (Region 3) and one (1) outbreak of Gastroenteritis in an Assisted Living Facility (Region 3).

Gastrointestinal Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	13.39	15.12	16.02	10.32	13.21
Median Rate*	13.31	14.91	15.68	10.22	13.08

*\* Per 100,000 Residents*

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## Respiratory Syndrome



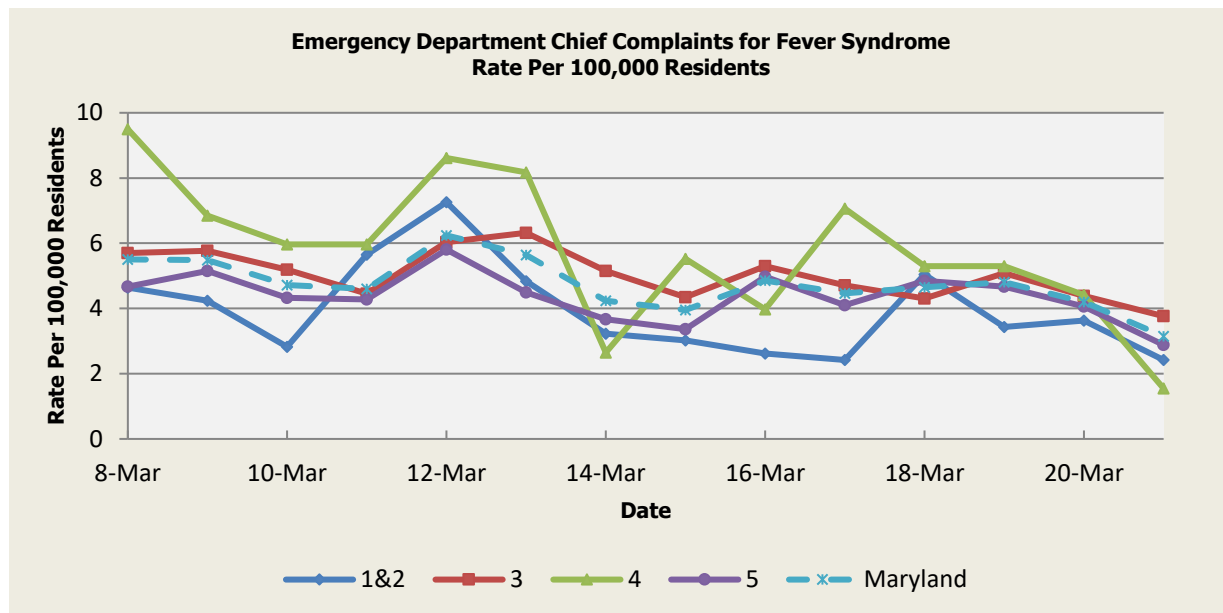
There were fourteen (14) Respiratory Syndrome outbreaks reported this week: six (6) outbreaks of Influenza in Nursing Homes (Regions 3,5), one (1) outbreak of Influenza in Assisted Living Facility (Region 3), one (1) outbreak of Influenza in a Youth Treatment Center (Region 1&2), one (1) outbreak of Influenza/Pneumonia in a Nursing Home (Region 3), one (1) outbreak of COVID-19 in a Nursing Home (Region 3), three (3) outbreaks of ILI/Pneumonia in Nursing Homes (Regions 1&2,3), one (1), outbreak of Pneumonia in a Nursing Home (Region 3).

Respiratory Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	12.72	14.96	15.32	10.12	12.95
Median Rate*	12.30	14.36	14.57	9.69	12.42

\* Per 100,000 Residents

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## Fever Syndrome



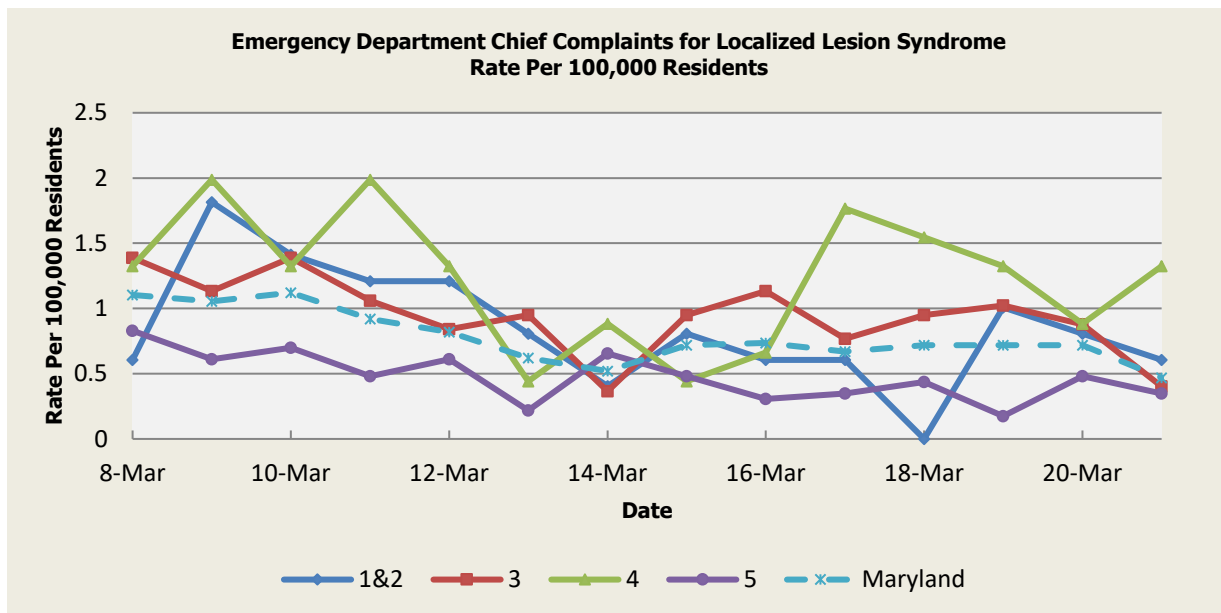
There were no Fever Syndrome outbreaks reported this week.

Fever Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	3.12	3.95	4.19	3.08	3.57
Median Rate*	3.02	3.84	3.97	2.97	3.43

*\*Per 100,000 Residents*

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## Localized Lesion Syndrome



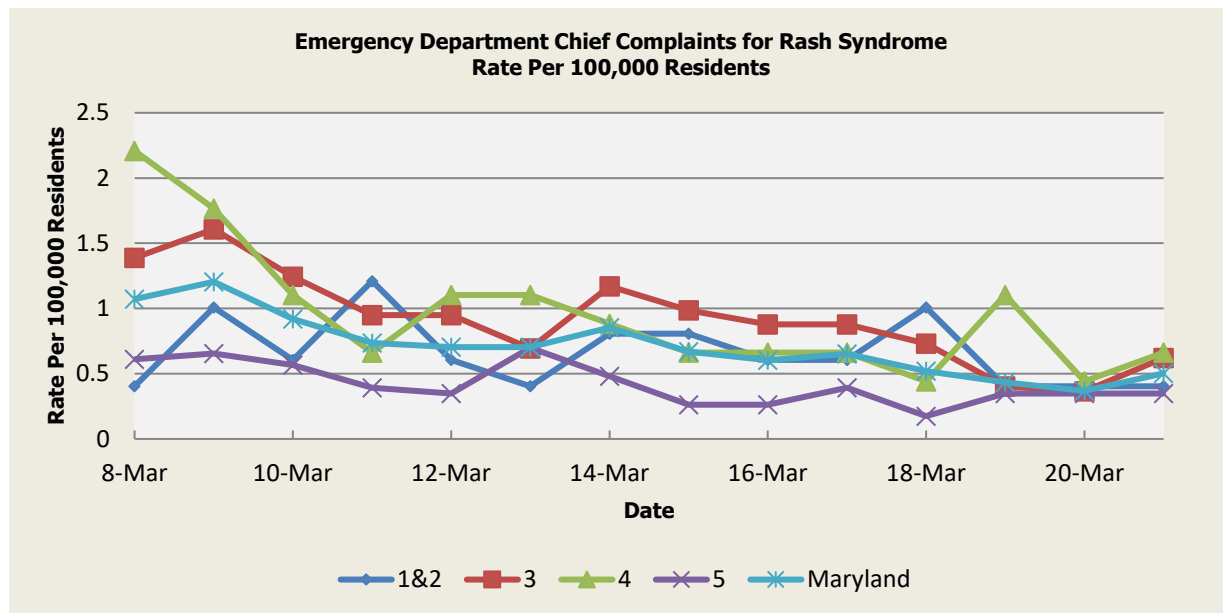
There were no Localized Lesion Syndrome outbreaks reported this week.

Localized Lesion Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	1.17	1.76	2.02	0.90	1.40
Median Rate*	1.01	1.68	1.99	0.87	1.36

\* Per 100,000 Residents

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## Rash Syndrome



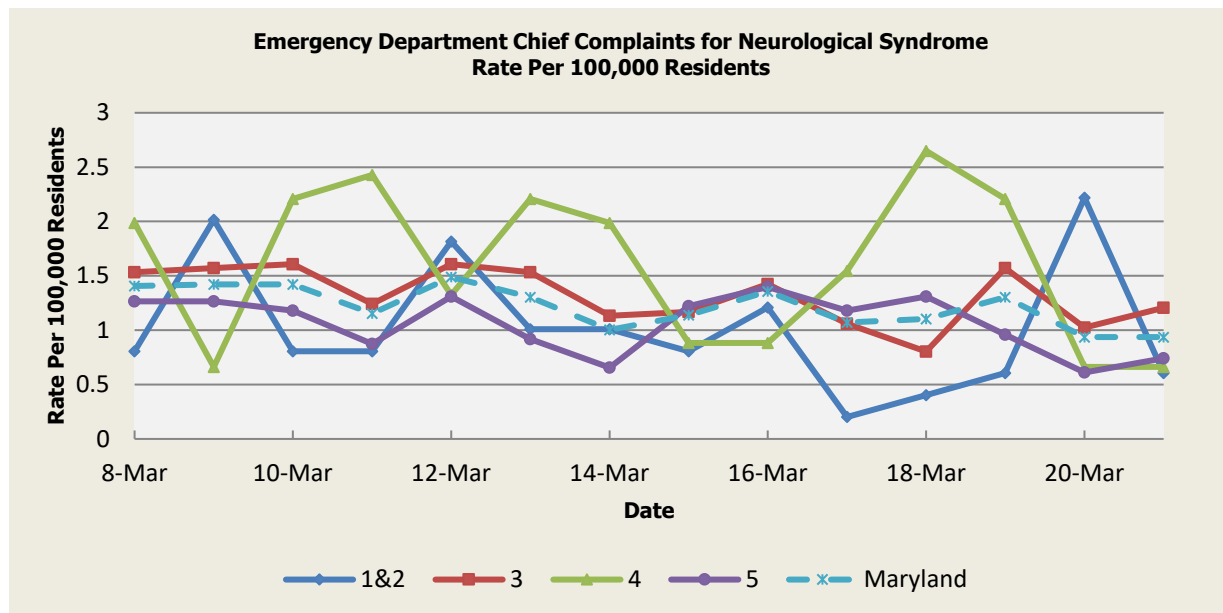
There was no Rash Syndrome outbreak reported this week.

Rash Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	1.24	1.66	1.74	0.97	1.36
Median Rate*	1.21	1.57	1.55	0.92	1.31

\* Per 100,000 Residents

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## Neurological Syndrome



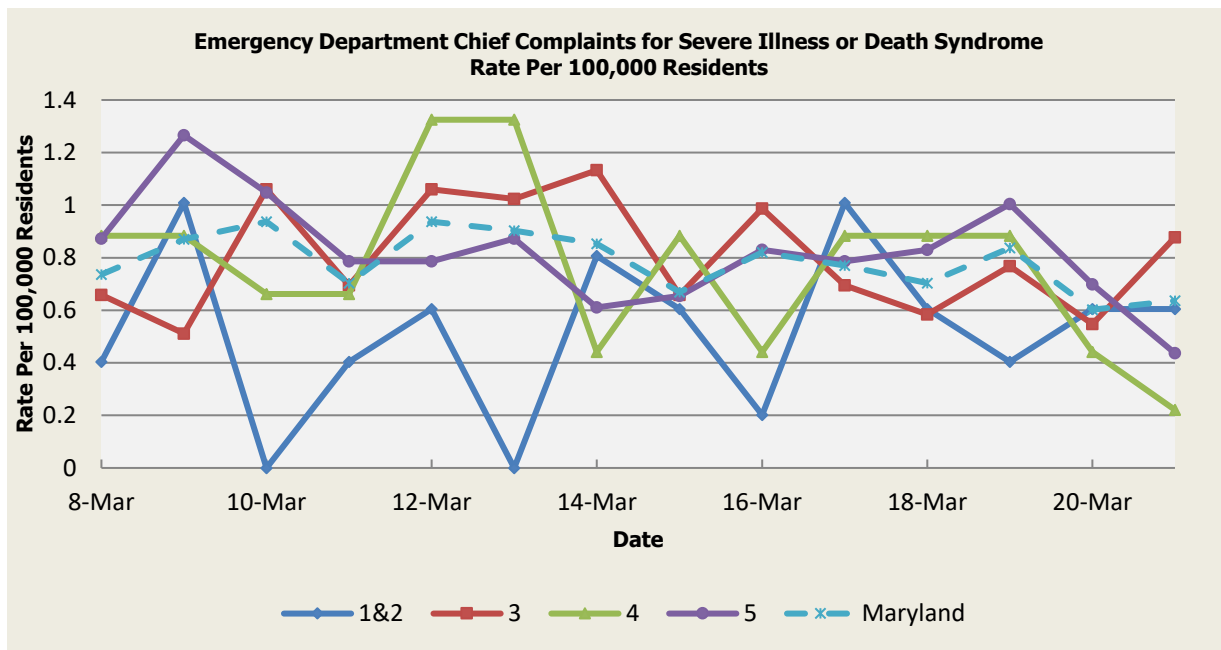
There were no Neurological Syndrome outbreaks reported this week.

Neurological Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	0.81	0.98	0.90	0.63	0.83
Median Rate*	0.81	0.91	0.88	0.57	0.75

\* Per 100,000 Residents

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## Severe Illness or Death Syndrome



There were no Severe Illness or Death Syndrome outbreaks reported this week.

Severe Illness or Death Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	0.66	0.89	0.84	0.53	0.73
Median Rate*	0.60	0.84	0.88	0.48	0.70

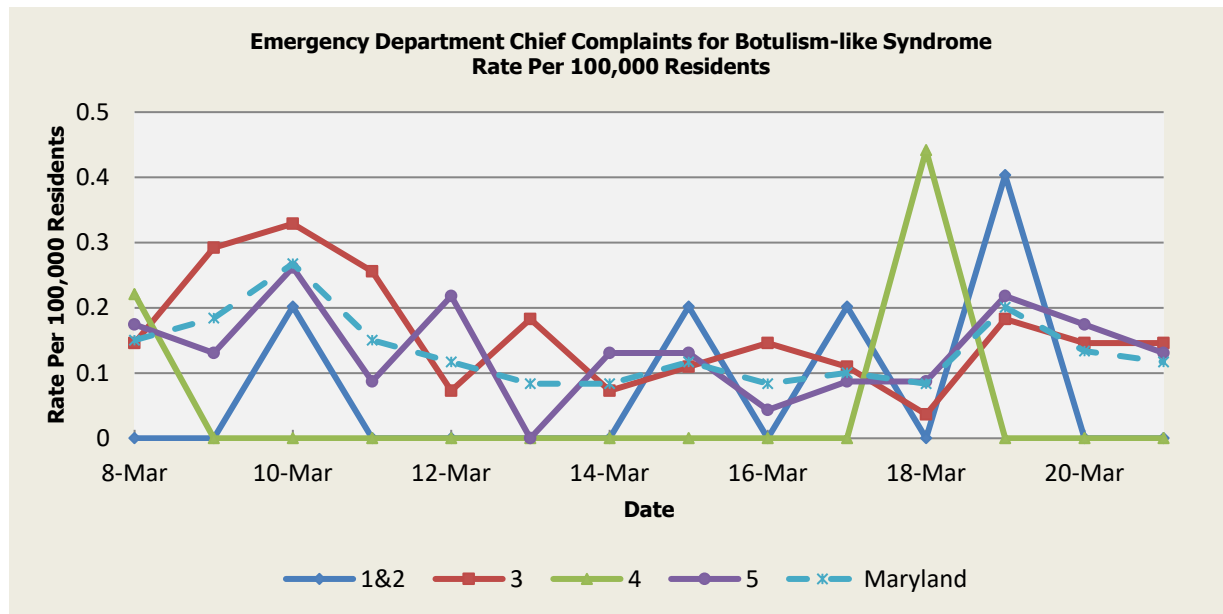
\* Per 100,000 Residents

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## **SYNDROMES RELATED TO CATEGORY A AGENTS**

### **Botulism-like Syndrome**



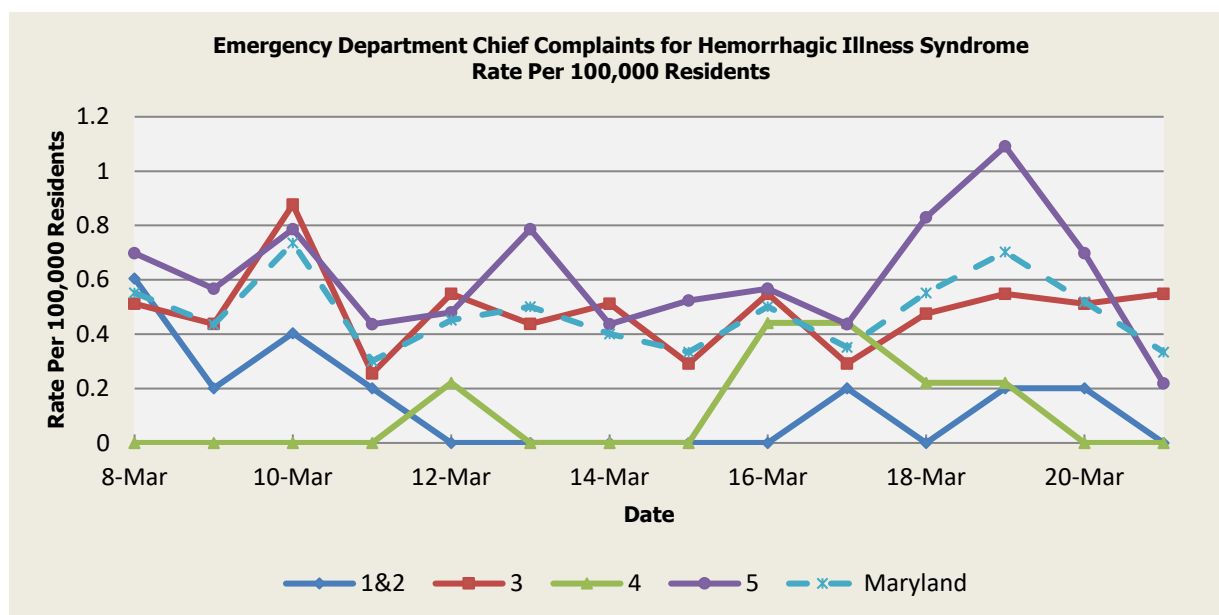
There was an appreciable increase above baseline in the rate of ED visits for Botulism-like Syndrome on, 3/8 (Regions 4,5), 3/9 (Region 3), 3/10 (Regions 1&2,3,5), 3/12 (Region 5), 3/15 (Regions 1&2), 3/17 (Regions 1&2), 3/18 (Region 4), 3/19 (Regions 1&2,5), 3/20 (Region 5). These increases are not known to be associated with any outbreaks.

Botulism-like Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	0.08	0.13	0.06	0.08	0.10
Median Rate*	0.00	0.11	0.00	0.04	0.08

\* Per 100,000 Residents

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## Hemorrhagic Illness Syndrome



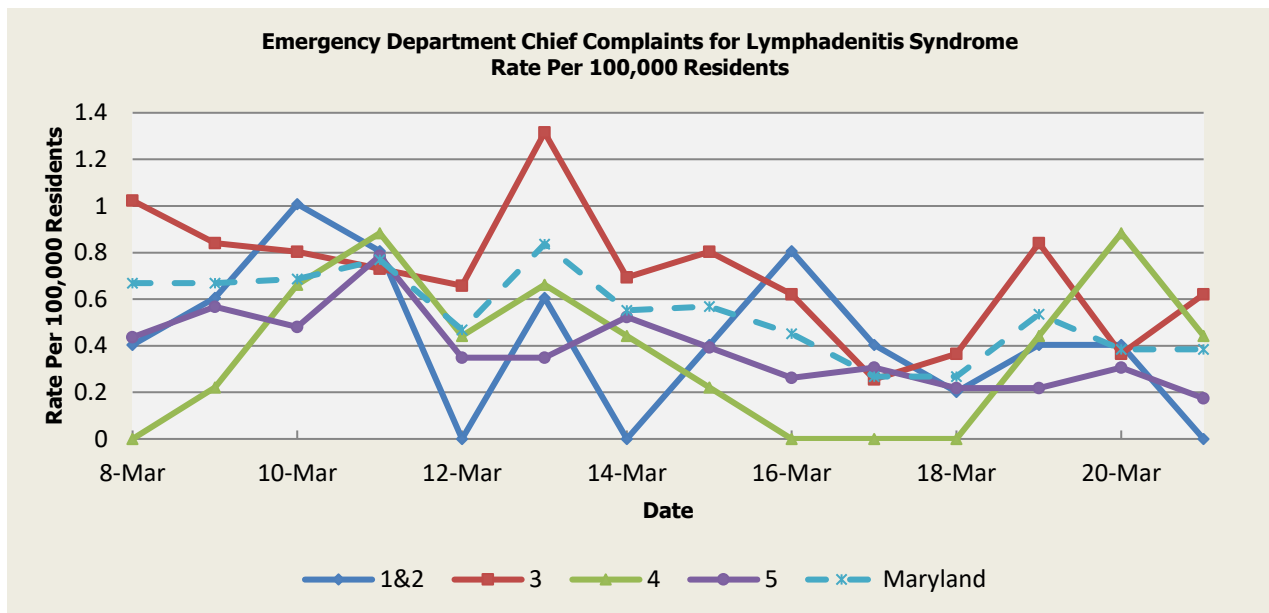
There was an appreciable increase above baseline in the rate of ED visits for Hemorrhagic Illness Syndrome on, 3/8 (Regions 1&2,3,5), 3/9 (Regions 1&2,3,5) 3/10 (Regions 1&2,3,5), 3/11 (Regions 1&2,5), 3/12 (Regions 3,4,5), 3/13 (Regions 3,5), 3/14 (Regions 3,5), 3/15 (Region 5), 3/16 (Regions 3,4,5), 3/17 (Regions 1&2,4,5), 3/18 (Regions 3,4,5), 3/19 (Regions 1&2,3,4,5), 3/20 (Regions 1&2,3,5), 3/21 (Regions 3,5). These increases are not known to be associated with any outbreaks.

Hemorrhagic Illness Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	0.05	0.17	0.04	0.15	0.14
Median Rate*	0.00	0.11	0.00	0.09	0.10

\* Per 100,000 Residents

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## Lymphadenitis Syndrome



There was an appreciable increase above baseline in the rate of ED visits for Lymphadenitis Syndrome on, 3/10 (Regions 1&2), 3/11 (Regions 1&2,4), 3/13 (Region 3), 3/16 (Regions 1&2), 3/20 (Region 4). These increases are not known to be associated with any outbreaks.

Lymphadenitis Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	0.39	0.61	0.41	0.40	0.49
Median Rate*	0.40	0.55	0.44	0.35	0.45

\* Per 100,000 Residents

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## **MARYLAND REPORTABLE DISEASE SURVEILLANCE**

### **Coronavirus Disease 2019 (COVID-19) Situation Summary**

On March 5<sup>th</sup>, 2020, the Maryland Department of Health announced the first cases of coronavirus disease 2019 (abbreviated COVID-19) in the State of Maryland.

#### **Confirmed COVID-19 Case Counts in Maryland by County (As of March 27<sup>th</sup>, 2020)**

<b>County</b>	<b>Number of Confirmed Cases</b>
Allegany	0
Anne Arundel	63
Baltimore City	88
Baltimore County	103
Calvert	9
Caroline	1
Carroll	9
Cecil	9
Charles	17
Dorchester	0
Frederick	15
Garrett	3
Harford	18
Howard	62
Kent	2
Montgomery	208
Prince George's	148
Queen Anne's	1
Somerset	1
St. Mary's	4
Talbot	1
Washington	5
Wicomico	5
Worcester	2
<b>Total</b>	<b>774</b>

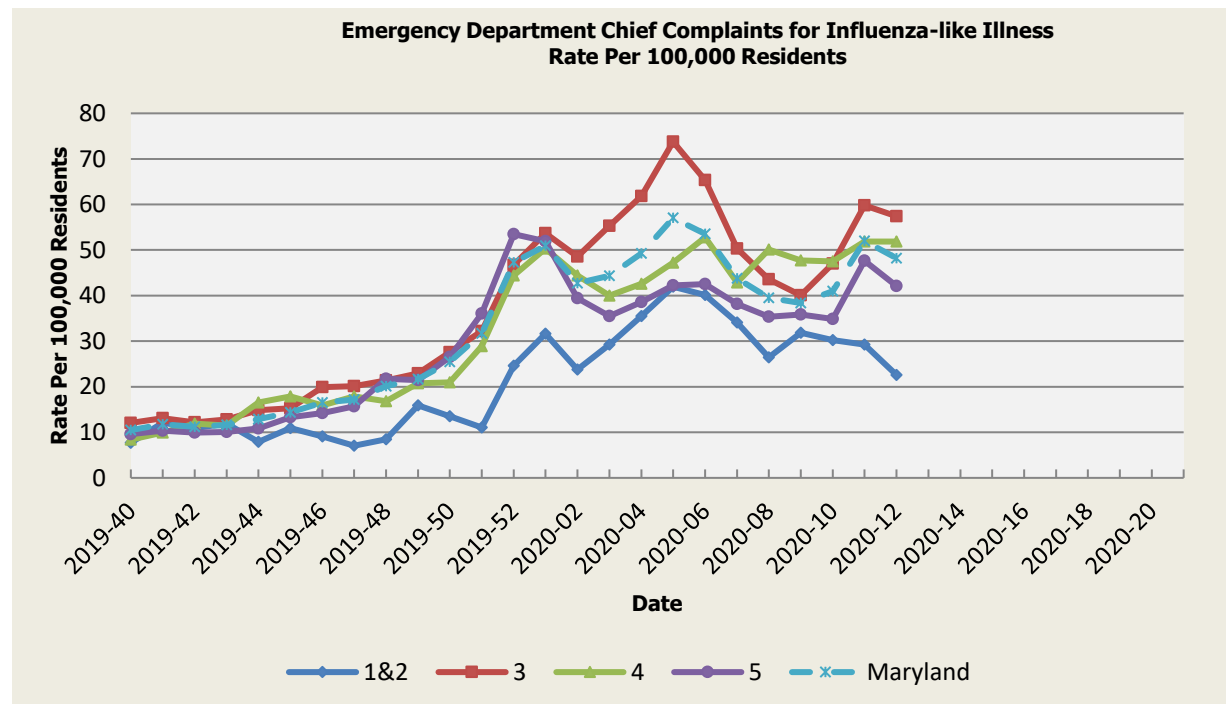
The most up-to-date information may be found on the Maryland Department of Health website at <https://coronavirus.maryland.gov>.

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## **SYNDROMIC INFLUENZA SURVEILLANCE**

Seasonal Influenza reporting occurs from MMWR Week 40 through MMWR Week 20 (October 2019 through May 2020). Seasonal Influenza activity for Week 12 was: High Activity and Widespread Geographic Activity.

### **Influenza-like Illness**

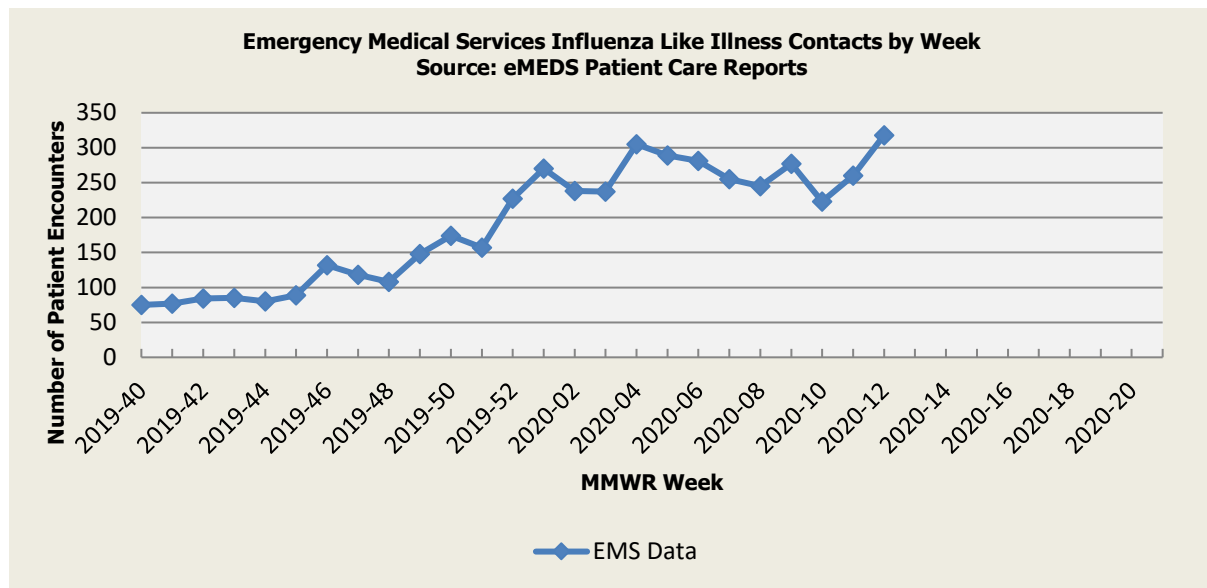


Influenza-like Illness Baseline Data Week 1 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	10.65	14.34	13.66	12.06	13.11
Median Rate*	7.86	10.60	9.72	8.99	9.64

\* Per 100,000 Residents

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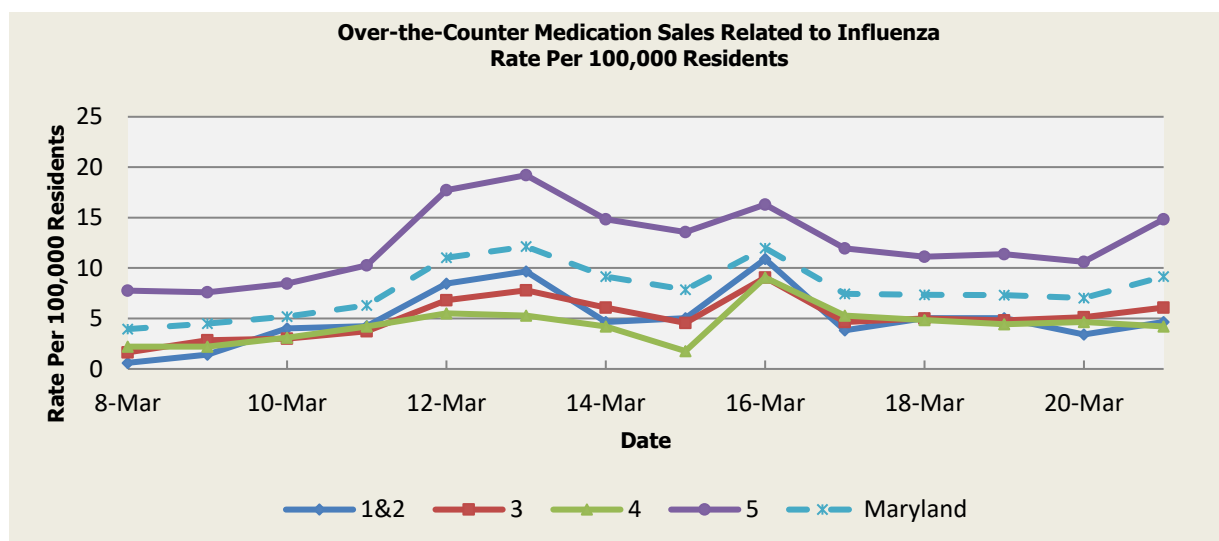
## Influenza-like Illness Contacts by Week



**Disclaimer on eMEDS flu related data:** These data are based on EMS Pre-hospital care reports where the EMS provider has selected “flu like illness” as a primary or secondary impression of a patient’s illness. This impression is solely based on the signs and symptoms seen by the provider, not on any diagnostic tests. Since these numbers do not include all primary or secondary impressions that may be seen with influenza the actual numbers may be low. These data are reported for trending purposes only.

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## Over-the-Counter Influenza-Related Medication Sales



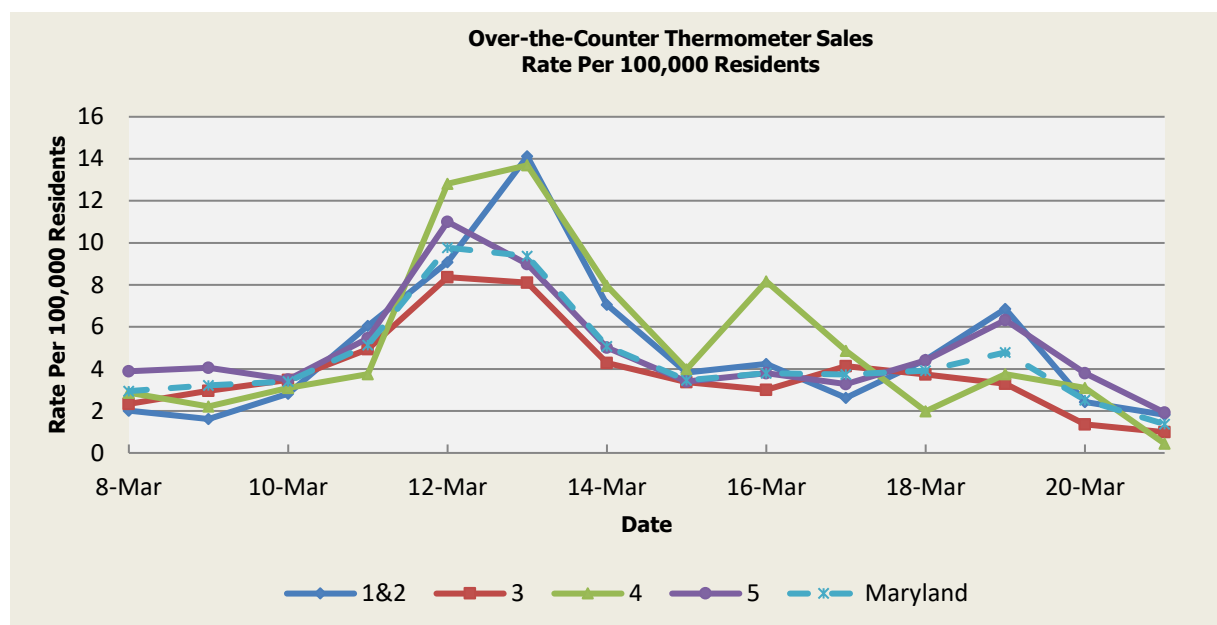
There was an appreciable increase above baseline in the rate of OTC Medication Sales during this reporting period on, 3/12 (Regions 1&2,4,5), 3/13 (Regions 1&2,5), 3/16 (Regions 1&2,3,4,5). These increases are co-occurring with the ongoing COVID-19 outbreak in Maryland.

OTC Medication Sales Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	3.43	4.38	2.67	7.79	5.48
Median Rate*	2.82	3.47	2.21	7.07	4.74

\* Per 100,000 Residents

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## Over-the-Counter Thermometer Sales



There was an appreciable increase above baseline in the rate of OTC Thermometer Sales during this reporting period on, 3/11 (Regions 1&2), 3/12 (Regions 1&2,3,4,5), 3/13 (Regions 1&2,3,4,5), 3/14 (Regions 1&2,3,4,5), 3/16 (Region 4), 3/17 (Region 4), 3/19 (Regions 1&2). These increases are co-occurring with the ongoing COVID-19 outbreak in Maryland.

Thermometer Sales Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	2.87	2.72	2.18	3.61	3.03
Median Rate*	2.62	2.63	1.99	3.58	3.00

\* Per 100,000 Residents

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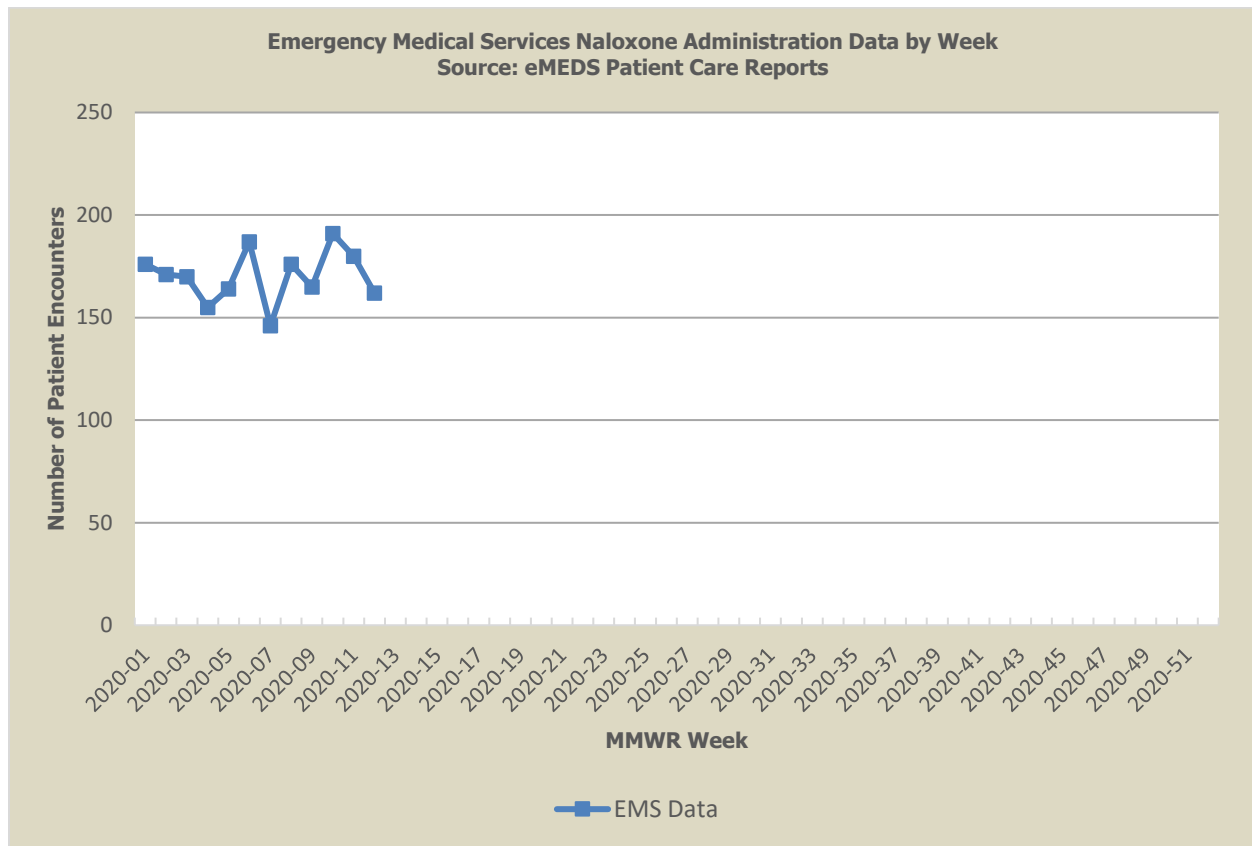
## **SYNDROMIC OVERDOSE SURVEILLANCE**

The purpose of this section is to characterize non-fatal ED visit trends for acute unintentional overdose by Heroin, Opioid or Unspecified substance among Maryland residents captured by ESSENCE data, including chief complaint and discharge diagnosis. ED visits that are identified as unintentional overdose by Heroin, Opioid or Unspecified substance include those with medical and non-medical use of a prescription Opioid or where the substance is not specified, given evidence that most fatal overdoses are Opioid-related.

In preparation for the release of new ESSENCE queries for identifying heroin, opioid and all drug overdoses, please note that we have removed the data chart showing unintentional overdose rates by heroin, opioid, or unspecified substances. These new data, when available, will be presented below.

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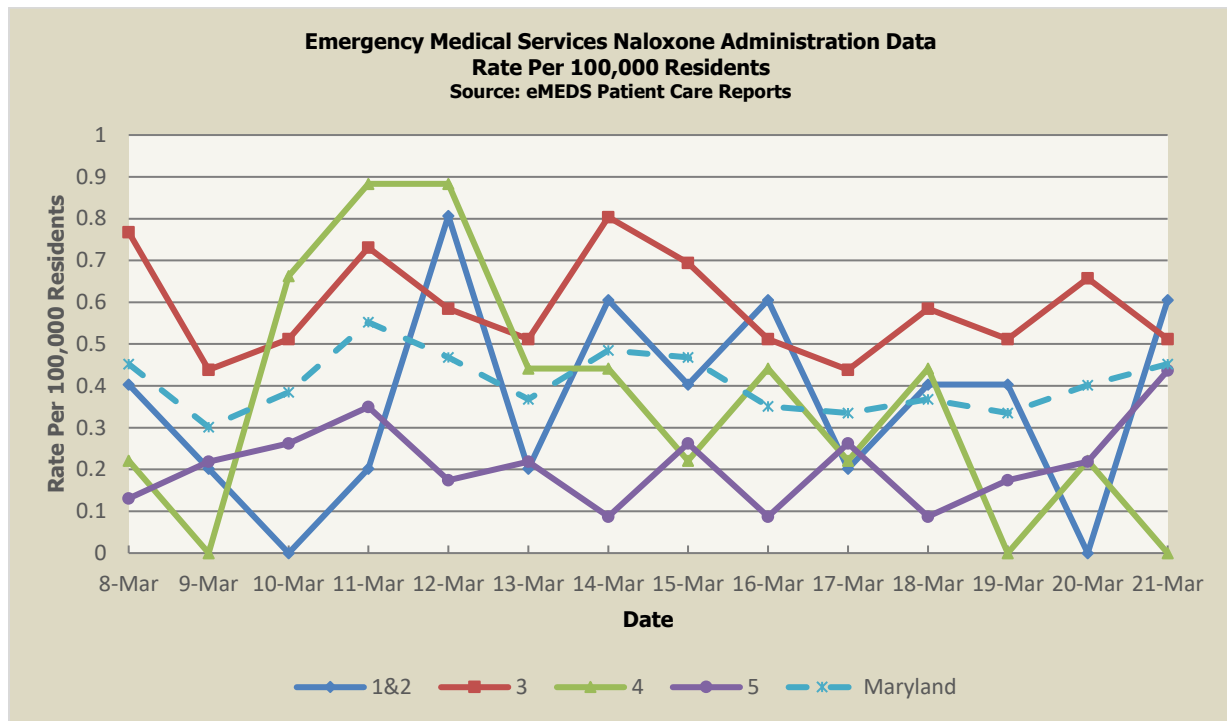
## Naloxone Administration Data by Week



**Disclaimer on eMEDS naloxone administration related data:** These data are based on EMS Pre-hospital care reports where the EMS provider has documented that they administered naloxone. The administration of naloxone is based on the patient's signs and symptoms and not on any diagnostic tests. These data are reported for trending purposes only.

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## Naloxone Administration Data



**Disclaimer on eMEDS Naloxone administration related data:** These data are based on EMS Pre-hospital care reports where the EMS provider has documented that they administered naloxone. The administration of naloxone is based on the patient's signs and symptoms and not on any diagnostic tests. These data are reported for trending purposes only.

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## **PANDEMIC INFLUENZA UPDATE / AVIAN INFLUENZA-RELATED REPORTS**

**WHO update:** The current WHO phase of pandemic alert for avian influenza is ALERT. Currently, the avian influenza H5N1 virus continues to circulate in poultry in some countries, especially in Asia and northeast Africa. This virus continues to cause sporadic human infections with some instances of limited human-to-human transmission among very close contacts. There has been no sustained human-to-human or community-level transmission identified thus far.

Influenza A (H7N9) is one of a subgroup of influenza viruses that normally circulate among birds. Until recently, this virus had not been seen in people. However, human infections have now been detected. Presently, there is limited information about the scope of the disease the virus causes and about the source of exposure. The disease is of concern because most patients have been severely ill. There is no indication thus far that it can be transmitted between people, but both animal-to-human and human-to-human routes of transmission are being actively investigated.

**Alert phase:** This is the phase when influenza caused by a new subtype has been identified in humans. Increased vigilance and careful risk assessment, at local, national, and global levels are characteristic of this phase. If the risk assessments indicate that the new virus is not developing into a pandemic strain, a de-escalation of activities towards those in the interpandemic phase may occur. As of March 27th, 2020, the WHO-confirmed global total (2003-2020) of human cases of H5N1 avian influenza virus infection stands at 861, of which 455 have been fatal. Thus, the case fatality rate for human H5N1 is approximately 53%.

## **AVIAN INFLUENZA**

**AVIAN INFLUENZA (GERMANY),** 25 March 2020, Germany reported an outbreak of HPAI H5N8 in breeding turkeys on 21 Mar 2020, in the Aurich region, in the north-west of the country, close to border with the Netherlands. Read More: <https://promedmail.org/promed-post/?id=7139260>

## **HUMAN AVIAN INFLUENZA**

*There were no relevant human avian influenza reports this week*

## **NATIONAL DISEASE REPORTS**

**E. COLI EHEC (MULTISTATE),** 22 March 2020, CDC, public health and regulatory officials in several states, and the FDA are investigating a multistate outbreak of \_E. coli\_ O103 infections linked to clover sprouts. Read More: <https://promedmail.org/promed-post/?id=7126392>

**RABIES (SOUTH CAROLINA),** 21 March 2020, The Department of Health and Environmental Control (DHEC) reported today [13 Feb 2020] 4 people have been referred to their healthcare providers after being potentially exposed to rabies by a stray cat testing positive for the disease. Read Sure: <https://promedmail.org/promed-post/?id=7122312>

**LISTERIOSIS (MINNESOTA)**, 20 Mar 2020, On Tuesday, [10 Mar 2020], The Minnesota Department of Health issued a health advisory in relation to a *Listeria* outbreak along Highway [94]. Read More: <https://promedmail.org/promed-post/?id=7114952>

## **INTERNATIONAL DISEASE REPORTS**

**CORONAVIRUS DISEASE 2019 (COVID-19) UPDATES (GLOBAL)**, 26 March 2020, cruise ships, Democratic Republic of Congo, European Center for Disease Control Risk Assessment, more countries, WHO. Read More: <https://promedmail.org/promed-post/?id=7143838>

**CORONAVIRUS DISEASE 2019 UPDATE (CHINA)**, 26 March 2020, A spokesman for the Agriculture, Fisheries and Conservation Department (AFCD) said today that the latest positive serology test results of the Pomeranian that previously tested weak positive for COVID-19 virus proved that the dog has been infected with the virus. Read More: <https://promedmail.org/promed-post/?id=7146438>

**HANTAVIRUS (CHINA)**, 26 March 2020, A man in China has died after testing positive for the hantavirus, according to Chinese state media. Read More: <https://promedmail.org/promed-post/?id=7146834>

**MEASLES UPDATE (BANGLADESH)**, 24 March 2020, Five children have died, and around 100 are infected in remote Rangamati villages of Bangladesh. Read More: <https://promedmail.org/promed-post/?id=7136416>

**MEASLES UPDATE (BANGLADESH)**, 24 March 2020, Five children have died, and around 100 are infected in remote Rangamati villages of Bangladesh. Read More: <https://promedmail.org/promed-post/?id=7136416>

**CRIMEAN-CONGO HEMORRHAGIC FEVER (PAKISTAN)**, 23 March 2020, A Crimean-Congo hemorrhagic fever (CCHF) case was reported at Jinnah Postgraduate Medical Centre (JPMC) here on Saturday. Read More: <https://promedmail.org/promed-post/?id=7129631>

**PLAGUE (UGANDA)**, 24 March 2020, On 4 Mar 2019, a patient with suspected pneumonic plague was hospitalized in West Nile, Uganda, Read More: <https://promedmail.org/promed-post/?id=7137313>

**PNEUMOCOCCAL DISEASE (FRANCE)**, 22 March 2020, We report the 3rd outbreak of pneumococcal pneumonia within one year among workers in European shipyards. Read More: <https://promedmail.org/promed-post/?id=7126201>

**PNEUMOCOCCAL DISEASE (FRANCE)**, 22 March 2020, We report the 3rd outbreak of pneumococcal pneumonia within one year among workers in European shipyards. Read More: <https://promedmail.org/promed-post/?id=7126201>

**MALARIA (INDIA)**, 22 March 2020, With 4 new cases reported last week, the number of patients suffering from malaria has reached 19 this year [2020]. Read More: <https://promedmail.org/promed-post/?id=7123657>

## **OTHER RESOURCES AND ARTICLES OF INTEREST**

More information concerning Public Health and Emergency Preparedness can be found at the Office of Preparedness and Response website: <http://preparedness.health.maryland.gov/> or follow us on Facebook at [www.facebook.com/MarylandOPR](http://www.facebook.com/MarylandOPR).

More data and information on influenza can be found on the MDH website:  
<http://phpa.health.maryland.gov/influenza/fluwatch/Pages/Home.aspx>

Please participate in the Maryland Resident Influenza Tracking System (MRITS):  
<http://flusurvey.health.maryland.gov>

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**NOTE:** This weekly review is a compilation of data from various surveillance systems, interpreted with a focus on a potential BT event. It is not meant to be inclusive of all epidemiology data available, nor is it meant to imply that every activity reported is a definitive BT event. International reports of outbreaks due to organisms on the CDC Critical Biological Agent list will also be reported. While not "secure", please handle this information in a professional manner. Please feel free to distribute within your organization, as you feel appropriate, to other professional staff involved in emergency preparedness and infection control.

For questions about the content of this review or if you have received this and do not wish to receive these weekly notices, please e-mail us. If you have information that is pertinent to this notification process, please send it to us to be included in the routine report.

### **Prepared By:**

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## Appendix 1: ESSENCE Syndrome Definitions and Associated Category A Conditions

Syndrome	ESSENCE Definition	Category A Conditions
Botulism-like	(Botulism or (DifficultyFocusing and DifficultySpeaking) or (DifficultySpeaking and DifficultySwallowing) or (DifficultySwallowing and DifficultyFocusing) or DoubleVision or FacialParalysis or GuillainBarre or Ptosis) and not GeneralExclusions	Botulism
Fever	(Chills or (FeverPlus and (Drowsiness or Seizure)) or FeverOnly or SepsisGroup or ViralSyndrome) and not GeneralExclusions	N/A
Gastrointestinal	(AbdominalCramps or AbdominalPainGroup or Diarrhea or FoodPoisoning or Gastroenteritis or GIBleeding or Peritonitis or Vomiting) and not (GeneralExclusions or Gynecological or Obstetric or Reproductive or UrinaryTract)	Anthrax (gastrointestinal)
Hemorrhagic Illness	(FeverOrChills and (AcuteBloodAbnormalitiesGroup or BleedingFromMouth or BleedingGums or GIBleeding or Hematemesis or Hemoptysis or Nosebleed or Petechiae or Purpura)) and not GeneralExclusions	Viral Hemorrhagic Fever
Localized Lesion	(Boils or Bump or Carbuncle or DepressedUlcer or Eschar or Furuncle or InsectBite or SkinAbscess or (SkinSores and not AllOverBody) or SkinUlcer or SpiderBite) and not (GeneralExclusions or Decubitus or Diabetes or StasisUlcer)	Anthrax (cutaneous) Tularemia
Lymphadenitis	(BloodPoisoning or Bubo or CatScratchDisease or SwollenGlands) and not GeneralExclusions	Plague (bubonic)
Neurological	(([Age<75] and AlteredMentalStatus) or (FeverPlus and (Confusion or Drowsiness or Petechiae or StiffNeck)) or Delirium or Encephalitis or Meningitis or UnconsciousGroup) and not GeneralExclusions	N/A
Rash	(ChickenPox or Measles or RashGeneral or Roseola or (Rubella and not Pregnancy) or Shingles or (SkinSores and AllOverBody) or Smallpox) and not GeneralExclusions	Smallpox
Respiratory	(Anthrax or Bronchitis or (ChestPain and [Age<50]) or Cough or Croup or DifficultyBreathing or Hemothorax or Hypoxia or Influenza or Legionnaires or LowerRespiratoryInfection or Pleurisy or Pneumonia or RespiratoryDistress or RespiratoryFailure or RespiratorySyncytialVirus or RibPain or ShortnessOfBreath or Wheezing) and not (GeneralExclusions or Cardiac or (ChestPain and Musculoskeletal) or Hyperventilation or Pneumothorax)	Anthrax (inhalational) Tularemia Plague (pneumonic)
Severe Illness or Death	CardiacArrest or CodeGroup or DeathGroup or (Hypotension and FeverPlus) or RespiratoryArrest or SepsisGroup or Shock	N/A

## Appendix 2: Maryland Health and Medical Region Definitions

Health and Medical Region	Counties Reporting to ESSENCE
Regions 1 & 2	Allegany County Frederick County Garrett County Washington County
Region 3	Anne Arundel County Baltimore City Baltimore County Carroll County Harford County Howard County
Region 4	Caroline County Cecil County Dorchester County Kent County Queen Anne's County Somerset County Talbot County Wicomico County Worcester County
Region 5	Calvert County Charles County Montgomery County Prince George's County St. Mary's County

